

BRONTE SCHOOL LUNCHES – AUTUMN TERM 2018

WEEK 1



Monday

Main Course: Chicken in Gravy or BBQ Sauce
Vegetarian Option: Quorn in BBQ sauce
Accompaniments: Rice, Mixed Vegetables
Pudding: Sponge Cake and Custard

Tuesday

Main Course: Beef Lasagne
Vegetarian Option: Vegetarian Lasagne
Accompaniments: Garlic Bread, Salad
Pudding: Rice Pudding

Wednesday

Main Course: Sausages
Vegetarian Option: Vegetarian Sausages
Accompaniments: Roast Potatoes, Carrots, Savoy Cabbage and Gravy
Pudding: Jelly and Ice Cream

Thursday

Main Course: Meatballs
Vegetarian Option: Vegetarian Meatballs
Accompaniments: Pasta, Peas
Pudding: Surprise!

Friday

Main Course: Hot Dog
Vegetarian Option: Vegetarian Sausage
Accompaniments: Curly Fries, Spaghetti Hoops, Sweetcorn
Pudding: Chocolate Chip Cookie

Milk/Squash/Water

WEEK 2



Monday

Main Course: Fish Fillets
Vegetarian option: Vegetable Fingers
Accompaniments: Herby Diced Potatoes, Peas, Sweetcorn
Pudding: Flapjack

Tuesday

Main Course: Chicken Supreme
Vegetarian Option: Quorn Supreme
Accompaniments: Rice, Peas, Sweetcorn
Pudding: Chocolate Sponge Cake and Chocolate Custard

Wednesday

Main Course: Roast Gammon
Vegetarian Option: Vegetarian Patties
Accompaniments: Roast Potatoes, Broccoli, Cauliflower and Gravy
Pudding: Cheesecake

Thursday

Main Course: Jacket Potato
Accompaniments: Cheese, Coleslaw, Beans, Sweetcorn, Tuna
Pudding: Surprise!

Friday

Main Course: Chicken Burger
Vegetarian Option: Quorn Burger
Accompaniments: Potato Wedges, Baked Beans, Peas
Pudding: Shortbread Biscuit

Milk/Squash/Water

WEEK 3



Monday

Main Course: Turkey Mince Tacos
Vegetarian Option: Vegetarian Tacos
Accompaniments: Cheese, Salad
Pudding: Sticky Toffee Pudding

Tuesday

Main Course: Homemade Pizza
Accompaniments: Pasta, Peas, Sweetcorn
Pudding: Lemon Drizzle Cake

Wednesday

Main Course: Roast Chicken
Vegetarian Option: Quorn Roast
Accompaniments: Roast Potatoes, Carrots, White Cabbage and Gravy
Pudding: Chocolate Trifle

Thursday

Main Course: Toad in the Hole
Vegetarian Option: Vegetarian Toad in the Hole
Accompaniments: Mashed Potatoes, Green Beans, Peas and Gravy
Pudding: Surprise!

Friday

Main Course: Sausage Roll
Vegetarian Option: Vegetarian Sausage Roll
Accompaniments: Curly Fries, Baked Beans, Sweetcorn
Pudding: Rocky Road

Milk/Squash/Water

Please Note: Fresh seasonal fruit or yoghurt is available as required at every meal